



Honesty



Honesty is about speaking the truth. Honest people admit to their actions, even if they will get in trouble and they explain how a situation really happened.

This miracle began with the honesty of a child who was willing to share his food. Andrew showed honesty as he presented this food to Jesus. It took courage to step up honestly with such a small amount of food when so much was needed. This honesty gave the disciples the opportunity to trust that Jesus would be able to provide for all even though it seemed impossible. So in their lives today, Christians strive to be as honest as the child, to be as open as he was to the teachings of Jesus, and to trust in God like the disciples did.

Just like Jesus did, we place honesty at the core of all interactions. This builds trust, the foundation of all nurturing, positive relationships. We strive to be honest with ourselves, admit when we are wrong and when we should ask for help. Honesty is expressed timely, sensitively and respectfully. By being honest we nurture our own spiritual growth and that of our community.



The wonderful miracle of the feeding of the 5000 started with the honesty of the boy, and the disciples' trust in Jesus.

This inspires us to:

- Be fair and honest with ourselves about what we do well and what we need to improve.
- Use judgement in our learning to work out whether facts are 'true' or 'false', and whether opinions and ideas have integrity and can be trusted.
- Be open to honest feedback, that is sometimes difficult to hear, and use it to improve.

